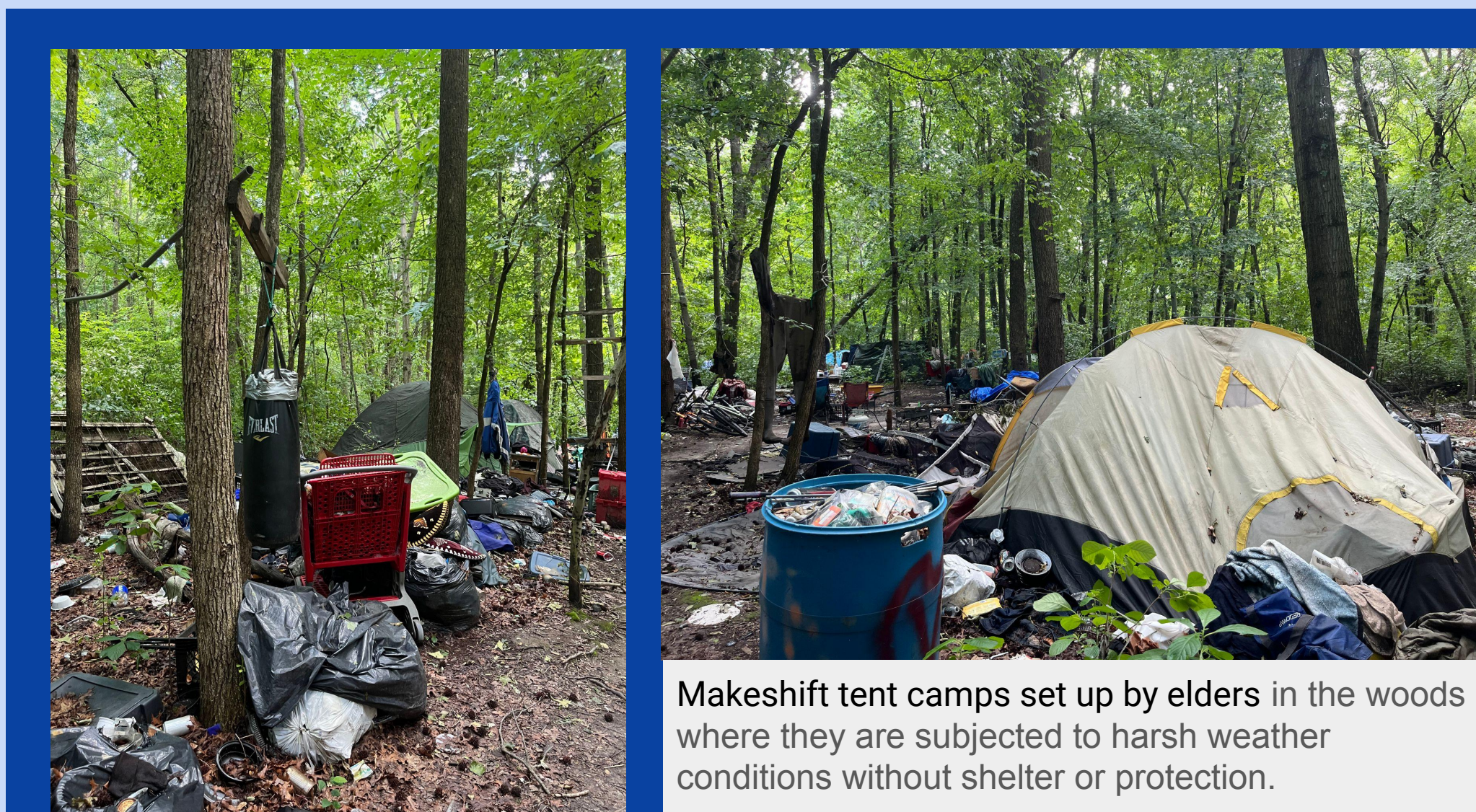


**Adrita Dasgupta**, Rutgers Ernest Mario School of Pharmacy  
**Annesha Datta**, Rutgers Robert Wood Johnson Medical School  
**Zimeng Ren**, Rutgers School of Public Health

**Site Preceptor:** Norma Bowe, Ph.D, RN, Global Grace Health Be the Change NJ

## Encampments

- Provided health services (BP screenings, vaccinations)
- Distributed food, water, hygiene kits, toys, clothes
- **Communities served:**
  - Elders unable to afford permanent housing on SSI and unable to work due to age or disability
  - Migrant farmworkers and their families, who are paid <\$3/hr to pick blueberries



## Site Overview

*Global Grace Health is a non-profit organization that brings public health services to patients all across NJ. Services include vaccinations, blood pressure & sugar checks, and supply distribution.*

## Health Education

- Created high visual impact flyers to meet the needs of the communities that GGH serves
- Ensured accessibility for individuals with limited literacy
- Flyers translated to Spanish, Haitian Creole, Mandarin, Persian

**NAVIGATING THE 2024 COVID SURGES**

- COVID has shown spikes in both summer & winter
- In summer 2024, there has been a rise in COVID cases & hospitalizations due to COVID
- Immunocompromised & elderly (>65 years) are most vulnerable to infection & serious health effects

**VACCINE RECOMMENDATIONS**

- 1 For > 12 years, never vaccinated: 1 dose of updated Pfizer-BioNTech or updated Moderna COVID-19
- 2 For > 12 years, previously vaccinated (before September 2023): 1 dose of updated Pfizer-BioNTech, Moderna, or Novavax COVID-19 vaccine
- 3 For > 65 years: 2 doses of updated 2023–2024 COVID-19 vaccine doses

## Making Healthy Meals



- Protein (1/4 of plate)**
- Chicken, canned tuna
  - Beans, chickpeas, lentils, nuts
- Complex Carbohydrates (1/4 of plate)**
- Brown rice, whole wheat bread
  - Try to avoid white bread, white rice, fruit juices, & soda when possible
- Fruits & Vegetables (1/2 of plate)**
- Can be frozen or canned (often cheaper)
  - Try to avoid potatoes when possible

## Food Distribution

- Aiming to address food insecurity as a social determinant of health
- Food distributed weekly onsite at the Reformed Church of Highland Park
- Facilitated home food deliveries to ensure equitable resource distribution
- Meals delivered via Mobile Health RV in conjunction with health services

## Nursing Home

- Administered COVID vaccines for high-risk elderly population
- Conducted social activities to engage with and stimulate residents