



RUTGERS HEALTH  
School of Nursing

# Nutrition Education with Community Food Bank of New Jersey

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## Partner Overview

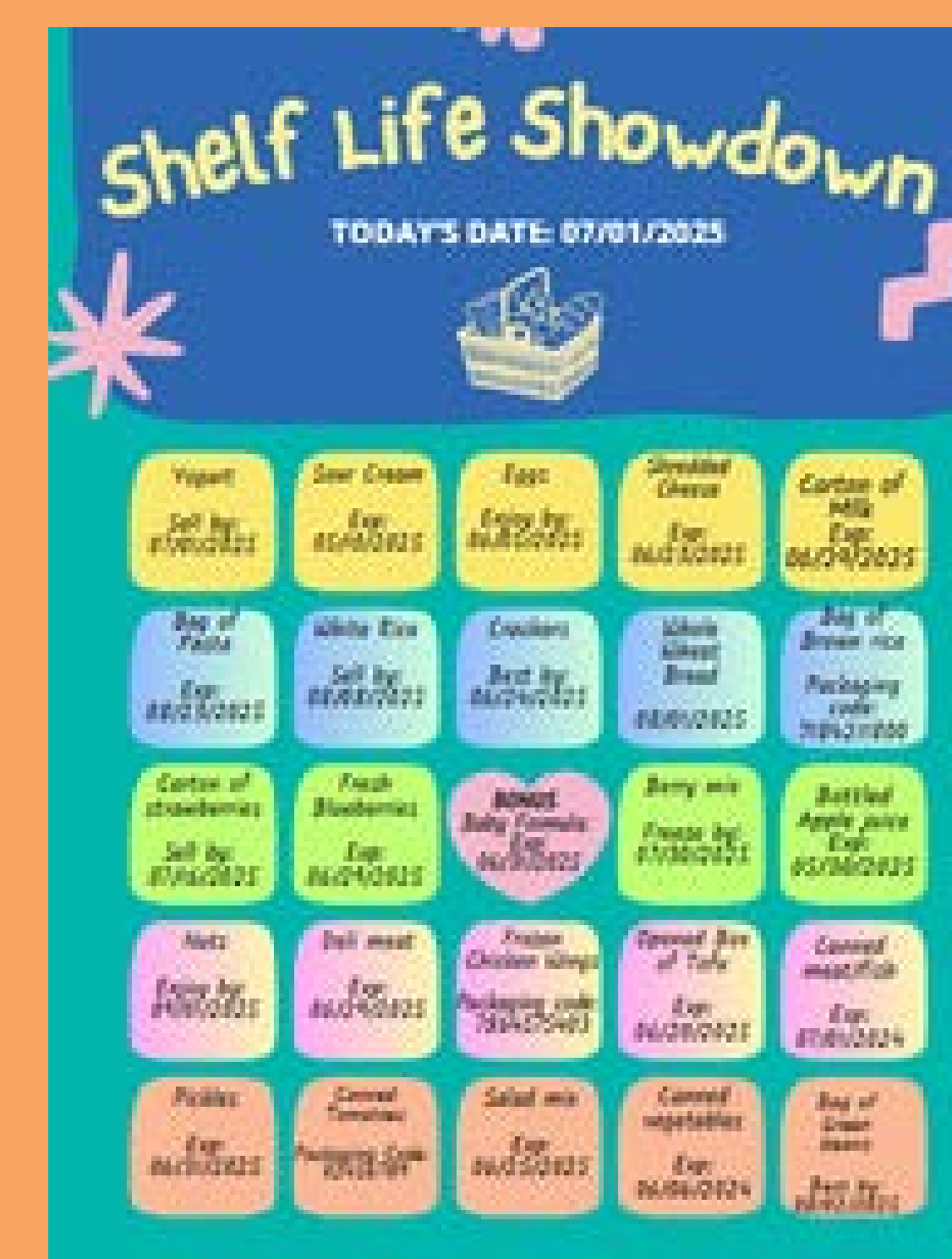
- The Community Food Bank of New Jersey (CFBNJ) distributes food to over 800 community organizations statewide.
- CFBNJ operates a variety of educational and supportive programs to provide both immediate hunger relief & long -lasting impact.

## Projects

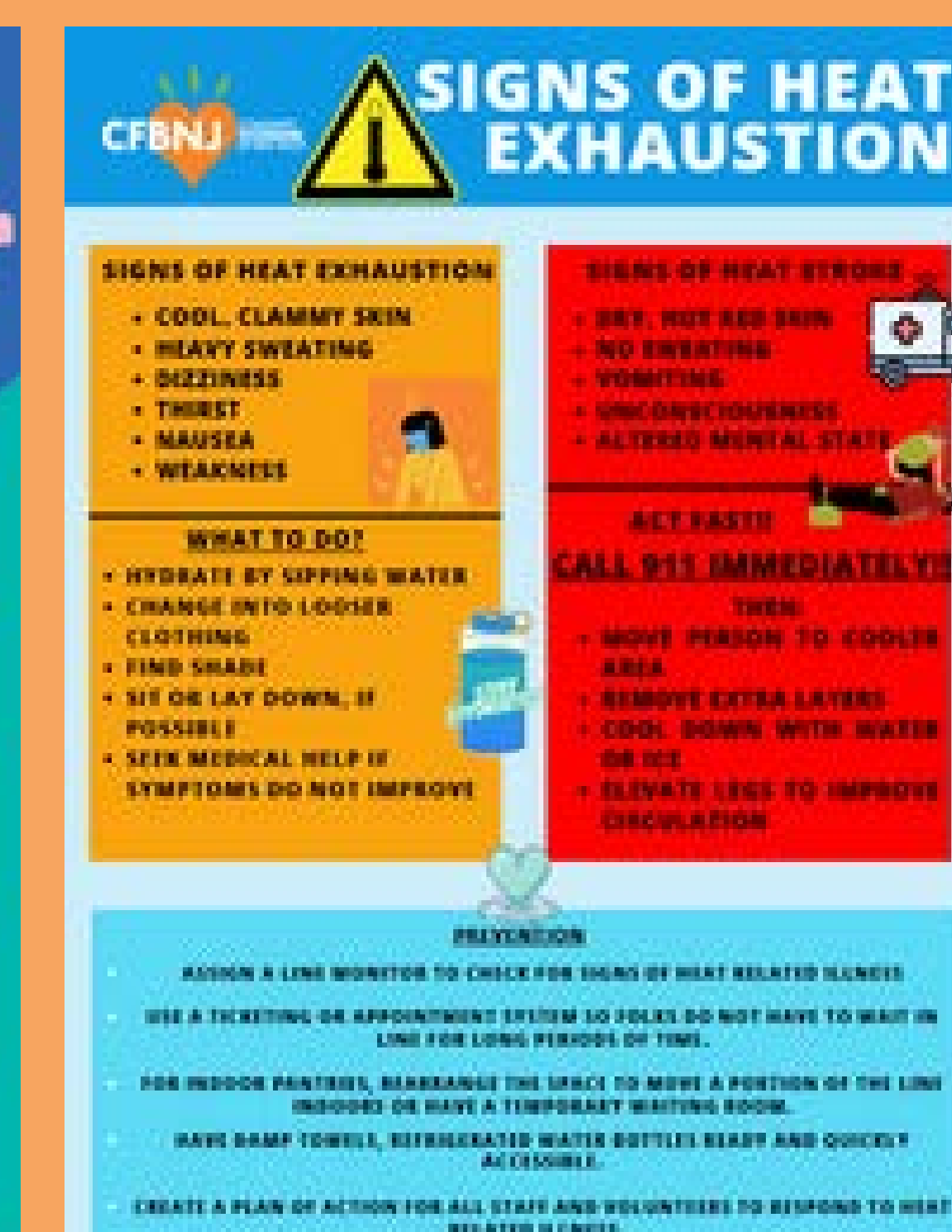
- Developed quarterly campaigns for 3 categories of CFBNJ partners: Pantries, elder care facilities, and afterschool programs.
- Campaigns suggest policy, systems, and environment (PSE) changes.

- The Nutrition Education Team provides interactive workshops on various nutrition topics as well as food budgeting.
- Through NJ SNAP -ED, demonstrates cooking and shares healthy recipes
- Through the Healthy Pantry Initiative, shifts pantries to a “client -choice” model:
  - Open shelves, shopping carts, emulating grocery stores, preserving dignity.

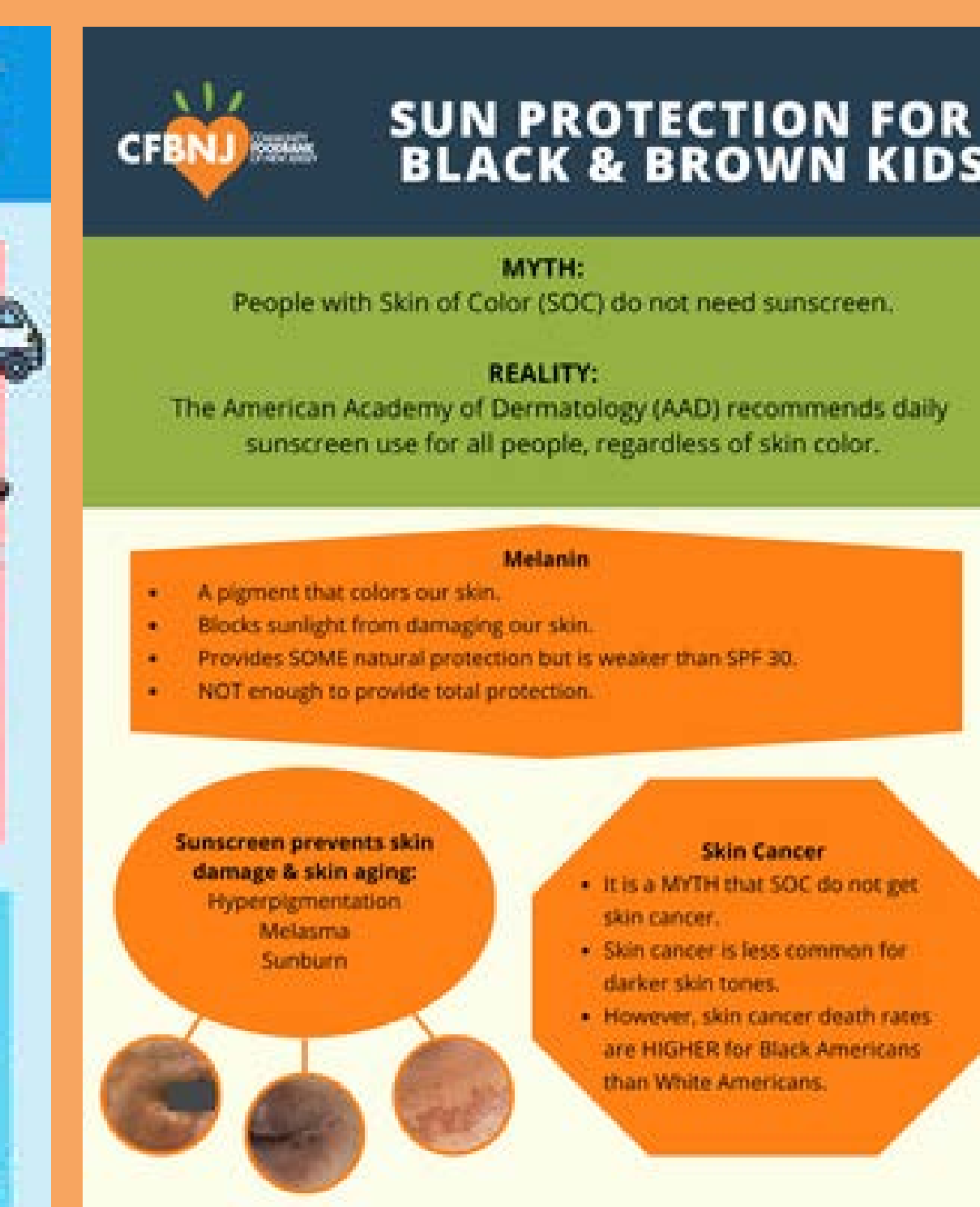
### Expiration Bingo



### Heat Exhaustion



### Sunscreen Myth



### Pantry Nudges



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